

Martial Arts Class

Broadstone First School

Monday 3:00pm - 3:45pm Autumn Term 2019 (£4 x 13 weeks) £ 52
start Sept 9 / 16 / 23 / 30 Oct 7 / 14 / 21 / **28 HT** Nov 4 / 11 / 18 / 25 Dec 2 / 9

Martial Skills / Self Defence Improve Balance / Co-ordination

Classes taught by Paul Hamerston, Governing Body BCCMA / Shikon Martial Arts Assoc.

Contact Details 07938 226833 / fb Phoenix Martial Arts Dorset

3rd Dan Shikon Martial Arts – Wado Ryu Karate – Sanshou – Sanda – Tai Chi

After School Booking Form Broadstone First Autumn 2019

Childs Name.....Age.....Class.....

Medical Conditions.....

Parents Name.....Emergency Contact Number.....

£52 for 13 weeks full term payment.

Indicate method of payment. **You must send booking sheet and payment before the first session**

Bank Transfer 52-10-20 Acc 11167661..... ChequeCash

Cheques payable to Paul Hamerston