



07 September 2023

Dear Parents/Carers

Year 3 Swimming – Autumn Term 2 2023

We are really excited to announce the return of swimming at BFS as part of the P.E. curriculum for 2023/24 academic year. All of our Year 3 learners will have the opportunity to take part in a swimming programme during Autumn Term 2. This is an incredibly worthwhile experience that we are once again excited to offer to teach our learners essential swimming skills, water safety and boost their confidence in the water. Each learner will receive six lessons and these will be taught at The Junction, Broadstone. The lessons will take place on Tuesdays afternoons during Autumn Term 2. Amethyst class will swim from 1.30pm – 2.10pm followed by Tanzanite class from 2.10pm – 2.50pm. The learners will walk to The Junction accompanied by Broadstone First School staff. All learners will be returned to school in time for end of day dismissal or participation in extra- curricular activities.

The content of the lesson will vary depending on the ability and experience of your child. Those who require more support will focus on the skills and techniques of the different strokes. Those who are more experienced will do some speed and stroke work extending to lifesaving and survival skills. Children will be assessed at the beginning of the unit and divided into 3 ability groups, though to speed this process up it would be helpful to confirm your child's current level of ability by completing the survey on the link below

<https://forms.office.com/e/Ny2gFiy0te>

The dates for the swimming sessions are as follows:

- Tuesday 31st October
- Tuesday 7th November
- Tuesday 14th November
- Tuesday 21th November
- Tuesday 28th November
- Tuesday 5th December

Learners will need to bring a swimming costume, towel, fitted goggles, a sports bottle (water only).

If you have any queries please contact the school office via office@broadstonefirst.poole.sch.uk

Senior Teacher

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