



20 October 2020

Dear Parents/Carers

PSHE including Relationships and Sex Education (RSE)

We follow the Jigsaw PSHE (Personal, Social, Health and Economic) scheme of work, for aspects of PSHE education. Jigsaw brings together PSHE Education, emotional literacy, mindfulness, social skills and spiritual development. Jigsaw is designed as a whole school approach, with all year groups working on the same theme at the same time. Throughout the year the children will focus on a different theme from being me in my world, celebrating differences, dreams and goals, healthy me, relationships and changing me.

An important part of PSHE programme is delivered through the 'Relationships' and 'Changing Me' puzzle pieces which are covered in the summer term.

Below is a summary of RSE coverage within the Jigsaw scheme for each year group:

- Foundation Stage - Growing up: how we have changed since we were babies
- Year 1 - Boys' and girls' bodies; naming body parts
- Year 2 - Boys' and girls' bodies; body parts and respecting privacy (which parts of the body are private and why this is)
- Year 3 - How babies grow and how boys' and girls' bodies change as they grow older
- Year 4 - Internal and external reproductive body parts, body changes in girls and menstruation

During the week beginning Monday 2 November classes will be covering the above content from your child's previous year. For example, those children who are now in year 4 will be taught the Year 3 curriculum they missed last year due to Lockdown.

We are very aware the children will naturally have questions and ideas that they wish to discuss with you. Therefore, we are keen to keep in you in touch with our curriculum so that we can work together. Within each class children will have access to an 'Ask it Basket' where they can ask questions they may have. This ensures all questions that are asked are age appropriate. We will not answer anything that is not related to the age appropriate content that is taught and will let you know if a question comes up we feel you should be aware of.

If you have any questions or concerns regarding the RSE curriculum, please do not hesitate to contact your child's class teacher who will happily talk through it in more detail with you.

Best wishes

Rebecca Wood

Head of School

